**My Group Identities**

Instructions:

1. Write your name in the center circle.
2. In outer circles, write the names of 6 groups with which you identify. (examples: family, religion, race/ethnicity, school, activity, club, gender, orientation, hobby/interest, etc.)
3. Using the groups above (primary identities for you) answer the following:
	1. Consider a time when you have felt proud to be a member of one of these groups.
	2. Consider a painful experience resulting from membership in one of these groups.

**My Racial Environment**

|  |  |
| --- | --- |
| **In my environment**  | **Race(s)** |
| I am      |  |
| My closest friends are   |  |
| My classmates are  |  |
| My school is predominantly  |  |
| My teachers are mostly   |  |
| Most of those with whom I share a hobby are    |  |
| My dentist is  |  |
| My doctor is   |  |
| Other people who live in my home are  |  |
| Other adults around me are   |  |
| My neighbors are    |  |

**Consider:**

How does the race of those around you impact you?

How do you feel when most of those around you look like you?

How do you feel when most of those around you look different than you?

Do you act differently depending on the race of those you are with?

Do you relate more to adults and role models who share your race?

**Exploring Race**

1. On a scale of 1-5, how comfortable are you talking about race/racism? Explain.

|  |  |  |  |
| --- | --- | --- | --- |
|  |  |  |  |
| Uncomfortable  |  |  |   Comfortable |

1

2

3

4

5

1. How would you define race? What does it mean to you?

1. How would you define racism?

1. How many races do you think there are? What are they? How do you decide which race someone belongs to?

1. Where do think ideas about race come from? What are the sources of that information?

1. Describe your most recent positive experience of race? Describe your most recent negative experience of race?

**Writing Ideas**

Take a couple of minutes to write 3 characteristics of a:

* Black person
* Middle Eastern person
* White person
* South or East Asian person
* Latinx person
* Indigenous person

Where did your ideas come from?

Compare your ideas to those of others. What do you see?

What does it mean that we have these ideas? What do we do with them?

**From *Write Yourself a Lantern: A Journal Inspired by The Poet X* by Elizabeth Acevedo**

Write the last paragraphs of your biography.

Describe someone you consider misunderstood by society.

When was the last time you felt free?

Explain your favorite quote.